

Mental Health First Aid

Adult



Instructors: *Michelle Downs & Heather Sylvester*

February 4, 2020
8:00AM - 5:00PM
Room 1016
Registration will begin at 7:45am

Adult MHFA introduces participants to risk factors and warning signs of mental illnesses, builds understanding of their impact, and overviews common supports.

Course uses role-playing and simulations to demonstrate how to offer initial help in a mental health crisis and connect persons to the appropriate professional, peer, social, and self-help care.

Target Audience: *All support staff (clinic and administrative, fiscal, etc), peers, nursing staff, Substance Abuse interns and volunteers who work with or may have contact with adults over the age of 18.*

RUHS-BH Staff - Please register for this course via COR at <http://corlearning.rc-hr.com>

All other interested partners, please visit www.rcdmh.org/wet

Location: 2085 Rustin Avenue • Riverside, CA • 92507